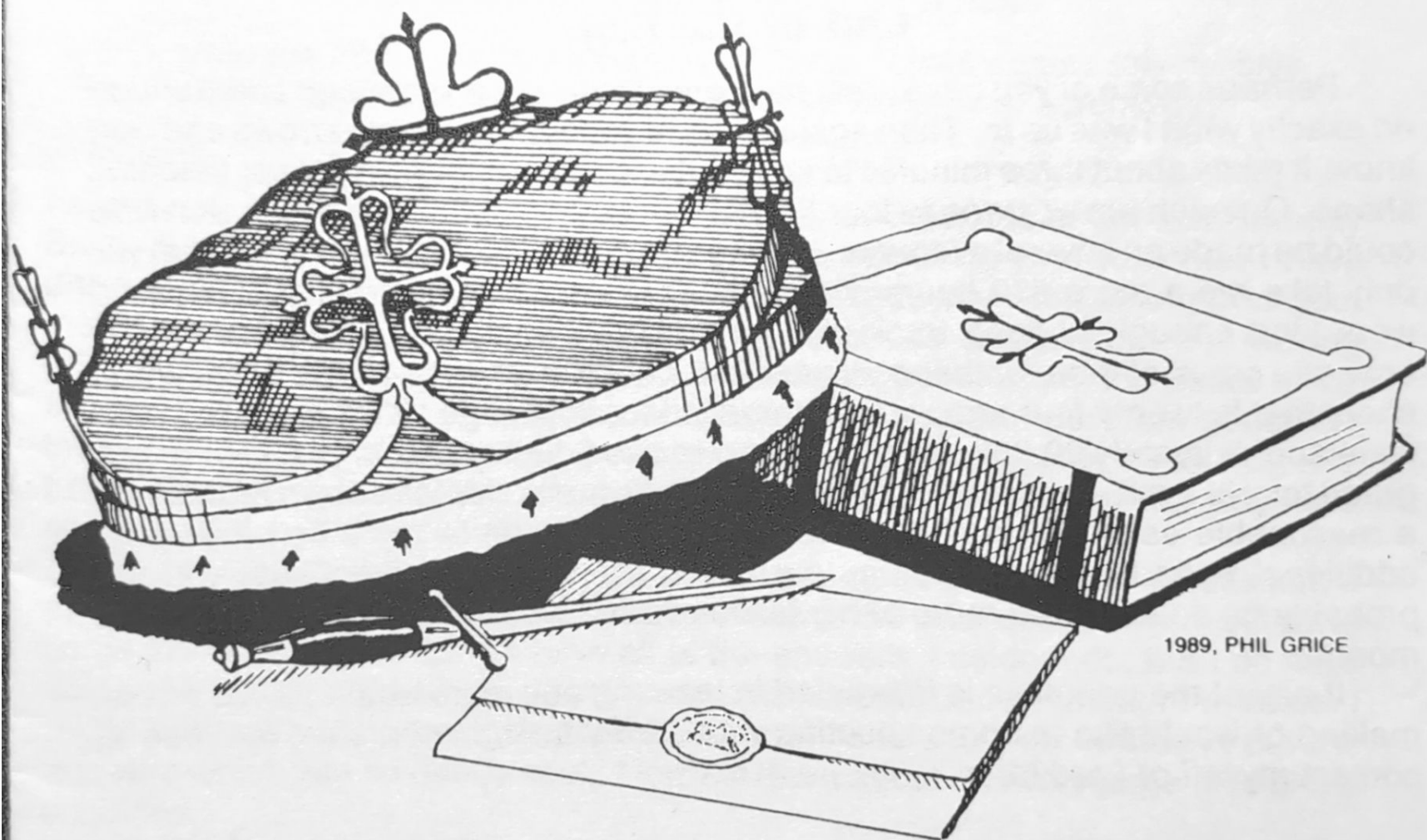


The Barge

September, A.S. XXIV

Calontir Stands Alone!



Coronation
September 23, AS XXVIV

From the Marshal

Beginning with the 10th of September Fighter Practice, we will alternate sites between Washington University and Tower Grove Park. On Sundays with *even* dates, we will practice in Tower Grove Park under the trees, with shade in Tower Grove Park (near the ruins) and on *odd* dates at Washington University in our usual place by the Women's Building.

By doing this, we will share, somewhat, the burden of travel and have an opportunity to be seen by passers by at both places.

Also remember to inform me of any additional authorizations you may receive so I can keep the records straight. By the way, everyone and anyone is encouraged to attend in garb to add a more authentic feel. Bring your music and play, dance, do needlework, whatever there; plenty of room at each site.

*In Service,
Sir Cormac O'Sullivan*

Out of the Bag

Perhaps some of you have seen my piles of feathers at meetings and wondered exactly what I was up to. Then again some of you have seen my arrows and now know. It takes about three minutes to strip, cut and trim a feather to proper fletching shape. On each arrow, three to four fletchings can be used. So, a rough estimate could be made on several accounts. Having only 3,500 to 4,000 feathers to trim will only take me a mere 650 hours of fairly constant work. The archers of England were kind enough to keep track of their arrow expenditures, giving us a fairly accurate count of their feather consumption. Now, the average archer carried one sheaf that is twenty-four arrows, with three to four fletchings on each shaft. There were approximately 20,000 sheaves of arrows used during time of war, giving us a grand total of a million and a half feathers used. To break this total down further into a reasonable assumption of time would probably result in my article being an additional page longer, as well as put me in my early retirement. So, you will probably be seeing even more of my feathers over the next several weeks, if not months.

If any of the populace is interested in learning any more about period arrow-making or would like to come shooting with a very farsighted archer, feel free to contact myself or Lord Idris.

*Good day to you!
Lord Gareth*

IT'S A GIRL! IT'S A GIRL! IT'S A GIRL! IT'S A GIRL! IT'S A GIRL!

Lucy Marie Schroeder was born on Wednesday, August 16, 1989 at 11:16 am. She was 20 1/2" and weighed 7 lbs. 12 oz. Proud parents and siblings are Lady Aleta, Master Harald, Peter and Elizabeth. Baby and Mom are doing fine.

From the Herald

*Unto the Populace of Three Rivers
Lady Zarifa bent Badr sends greetings,*

Once again, the meetings of the Baronial College of Heralds will be held, on the second Sunday of the month, in the basement lounge of the Olin Library on Washington University campus, at 1 pm.

Everyone is encouraged to drop in. Bring questions, bring ideas, bring submissions! (We love submissions.) You might even want to help out. Upcoming dates are: Sept. 10, Oct. 8, and Nov. 12.

Please do come and see the heraldic process in action.

*Yours in Service
Zarifa bent Badr*

From the Minister of Science

*Unto the Populace of the Barony of Three Rivers comes this missive
from Lady Thyri Haraldsdottir, Baronial Minister of Sciences,*

Greetings,

As you may know, I was made Baronial Minister of Sciences at our last Birthday Bash. It is truly an honor I will remember for a very long time to come. I have discovered in administering of my office, I must needs have something from you, the populace: I must needs have the progress of one and all who are making endeavors in the areas of the sciences. I would truly be remiss in the duties of my office if I did not know what you good gentles are trying to do. I am genuinely interested in how the chainmail grows or how the latest batch of mead had matured. Please tell me of your efforts, their outcomes and any trials you may have encountered in the execution of them.

In somewhat of the same vein, if one of you good gentles has a question, a problem, an idea or anything at all which relates to the sciences, please feel free to come to me with it. I may not have all of the answers, I seldom do, but I do have some few personages in our dear Barony and indeed, in our Kingdom to whom I might address your questions. Please do not hesitate to ask. In finding out the answers which you so dearly seek, I too will learn about this very large field of the sciences.

Lastly, I would ask of the gentles in our Barony who have some expertise in the sciences to come forward to me. I would like to have a listing of you and your specialties, so that if someone was to come to me with a question, I would be able to refer them to your, or come to you myself and relay the information back.

Until next time,

THE
BARGE

*I remain in service to the Society,
Lady Thyri Haraldsdottir
Baronial Minister of Sciences*

SEPTEMBER

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---------|--|---------------|--------|----------|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 Silken Threads, 7:00 p.m., Lady Aethelthritha's | 7 Meeting | 8 | 9 |
| 10 Fighter Practice, 2:00, Tower Grove Park | 11 | 12 | 13 | 14 Meeting | 15 | 16 |
| 17 Fighter Practice, 2:00, Washington Univ. | 18 Officer's Meeting, 8:00 p.m. Chloe's Winter Court Prospectuses Due | 19 | 20 Silken Threads, 7:00 p.m., Lady Aethelthritha's | 21 Meeting | 22 | 23 |
| 24 Fighter Practice, 2:00, Tower Grove Park | 25 | 26 | 27 | 28 Meeting | 29 | 30 |

The Society For Creative Anachronism, Inc.
Information Sheet
~~31 December 1988~~ 6/30/89

Financial Statements Prepared By:
Please Print!!

Mundane Name: DAVID TYNDALL
Street Address: 815 LELAND #2-S
City: UNIVERSITY CITY State: MO Zip Code: 63130
Telephone: (314) 726-2502
SCA Name: DAVID COOPER OF TYNEDALE
Title: TREASURER

Bank Account Information

The account should have 94-1698556 as the IRS tax identification number
The account should be in the name of the Society For Creative Anachronism, Inc.
If you do not have a bank account, attach an explanation, including the name &
address of the person holding the money.

Name of Financial Institution: ROOSEVELT BANK
Street Address: 900 ROOSEVELT PKWY
City: CHESTERFIELD State: MO Zip Code: 63017
Account Number: 02-525980-5
Signatories on Account: GARY GUTZMAN, SUSAN MATTINGLY,
STEPHEN BLOCK, DAVID TYNDALL, ELLEN CURTIN

Name & address bank sends statements to if other than above:

S.C.A. - BARONY OF THREE RIVERS
P.O. BOX 2943, UNIVERSITY CITY, MO 63130

The Society For Creative Anachronism, Inc.
Income Statement
For The Year Ending 31 December 1988

Group: BARONY OF THREE RIVERS

INCOME

| | | |
|---|--|--------|
| 1. Direct Contributions | | 175.00 |
| 2. Program Service Income | | 43.85 |
| 3. Fund-Raising Income | | -0- |
| 4. Newsletter Income | | 15.90 |
| 5. a) Income From Sale Inventory | | |
| b) Less: Cost of Goods Sold | | |
| c) Net Income (or Loss) | | -0- |
| 6. Interest Earned On Deposit Accounts | | 55.70 |
| 7. Income Received From Another Group (attach list) | | |
| a) Within the kingdom | | -0- |
| b) Outside the kingdom or the kingdom newsletter | | -0- |
| 8. Other Income (attach list) | | -0- |
| 9. GROSS INCOME | | 290.45 |

EXPENSES

| | Administrative | Program Services | Fund Raising | Total |
|---|----------------|------------------|--------------|------------|
| 10. Supplies | (a) 188.12 | (b) 84.00 | (c) | (d) 272.12 |
| 11. Food | | 179.35 | | 179.35 |
| 12. Postage and Shipping | | | | |
| 13. Occupancy | | 83.16 | | 83.16 |
| 14. Equipment Rental & Maintenance | | | | |
| 15. Printing & Publication | | 21.57 | | 21.57 |
| 16. Travel | | | | |
| 17. Interest Charges | | | | |
| 18. Depreciation | | | | |
| 19. Bank Service Charges | | | | |
| 20. Loss on Re-evaluation of Assets | | | | |
| 21. Bad Debts | | | | |
| 22. Other (list) | | | | |
| 23. SUB-TOTAL (add lines 10 to 22) | 188.12 | 268.08 | | 556.20 |
| 24. Transfers | | | | |
| a) Money transferred to another group within the kingdom (attach list) | | | | 20.00 |
| b) Money transferred to newsletter or outside the kingdom (attach list) | | | | |
| 25. TOTAL EXPENSES (add lines 23 & 24) | | | | 576.20 |

26. NET INCOME (Line 9 minus line 25, transfer to Balance Sheet.)

285.75

Mundane Name: Ad Copell Date: 7/26/89

The Society For Creative Anachronism, Inc.
Supplemental Schedule
31 December 1988 6/30/89

Group: BARONY OF THREE RIVERS

If you entered a figure on lines 1c, 1e, 1f, 1g, 1Ib, 1Ic, 7a, 7b, 8, 18d, 22d, 24a, 24b. You must fully explain each entry. Attach additional sheets if necessary.

1c. Receivables:

1e. Regalia: \$305.00 - THRONES & TRAPPINGS

1f-1g. Land, Buildings, & Equipment:

| Description | Year Purchased | Cost (1f-28) | Accum. Dep. 1987-4/1/89 (1g-37) | 2nd Q 1989 +1988 Dep. Exp. (13d) | Accum. Depreciation (1g-38) |
|----------------|----------------|--------------|---------------------------------|----------------------------------|-----------------------------|
| BEVERLY SHEARS | 1983 | 325.75 | 325.75 | -0- | 325.75 |
| OTOSCOPE | 1984 | 200.00 | 200.00 | -0- | 200.00 |

1Ib. Payables:

1Ic. Other Liabilities: \$54.49 - TO KINGDOM BREWERS' GUILD

7a. Income Received From Within The Kingdom:

7b. Income Received From Outside Kingdom or Kingdom Newsletter:

8. Other Income:

22d. Other Expenses:

24a. Money Transferred To Another Group Within The Kingdom: \$20.00 - TO GOLD FALCON HERALD FOR SUBMISSIONS

24b. Money Transferred To Newsletter Or Outside The Kingdom:

Mundane Signature: Ad Copell

Date: 7/26/89

The Society For Creative Anachronism, Inc.
Comparative Balance Sheet

Group: BARONY OF THREE RIVERS

4/1/89 6/30/89
31 Dec. 1987 31 Dec. 1988

I. ASSETS

| | | |
|--|-------------------------|-------------------------|
| a) Cash | <u>33.97</u> | <u>81.37</u> |
| b) Cash Earning Interest | <u>4,295.41</u> | <u>3,970.26</u> |
| c) Receivables (attach list) | <u>— 0 —</u> | <u>— 0 —</u> |
| d) Inventory For Sale (attach list) | <u>222.30</u> | <u>222.30</u> |
| e) Regalia (attach list) | <u>305.00</u> | <u>305.00</u> |
| f) Land, Buildings, Equipment (Total-see directions) | <u>525.75</u> | <u>525.75</u> |
| g) Minus Accumulated Depreciation | <u>< 525.75 ></u> | <u>< 525.75 ></u> |
| h) TOTAL ASSETS | <u>4,856.68</u> | <u>4,578.93</u> |

II. LIABILITIES

| | | |
|--|--------------|--------------|
| a) Newsletter Subscriptions Due (attach worksheet) | <u>3.50</u> | <u>11.50</u> |
| b) Payables (attach list) | <u>— 0 —</u> | <u>— 0 —</u> |
| c) Other Liabilities (attach list) | <u>54.49</u> | <u>54.49</u> |
| d) TOTAL LIABILITIES | <u>57.99</u> | <u>65.99</u> |

III. NET WORTH (Line Ih minus IId) 4,798.69 4,512.94

PROOF (figures should match)

Change in Net Worth (1988 line III minus 1987 line III)

< 285.75 >

Net Income for 1988 (line 26 of Income Statement)

< 285.75 >

Mundane Signature: [Signature]

Date: 7/26/89

OCTOBER

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------|---------|--|---------------|--------|----------|
| 1 Fighter Practice, 2:00, Washington Univ. | 2 | 3 | 4 Silken Threads, 7:00 p.m., Lady Aethelthritha's | 5 Meeting | 6 | 7 |
| 8 Fighter Practice, 2:00, Tower Grove Park | 9 | 10 | 11 | 12 Meeting | 13 | 14 |
| 15 Fighter Practice, 2:00, Washington Univ. | 16 | 17 | 18 Silken Threads, 7:00 p.m., Lady Aethelthritha's | 19 Meeting | 20 | 21 |
| 22 Fighter Practice, 2:00, Tower Grove Park | 23 | 24 | 25 | 26 Meeting | 27 | 28 |
| 29 Fighter Practice, 2:00, Washington Univ. | 30 | 31 | | | | |

Health Psychology in the Middle Ages

Part II

by Nathan Adelaar

The Humoural theory was originated by Empedocles, and in brief it stipulates that all things are comprised of combinations of four basic Elements: Earth, Air, Fire, and Water. Plato expanded this theory in his *Timaeus* so that an inherent motion is correlated with each element. Earth and Water are heavy and cold, and they descend, while Air and Fire are inherently lightweight and hot and both rise. Plato also observed that the heavenly bodies travel in circles, as do a variety of other natural phenomena. Based on this he postulated the existence of a fifth Element, Aether, which goes neither up nor down, but travels naturally in circles. This explanation of Humoural theory leaves out a number of important points, but provides the crux upon which a system of disease treatment was built.

Humoural theory is homeopathic, and suggests that diseases are the result of imbalances among the Elements. That is to say that all things in the world have natural and unique Humoural balances which are responsible for their respective characters. If a bit too much of one element is introduced to some thing, that thing's balance will be disrupted and it will attempt to regain its previous balance. Failing this, the thing will change to become something else which can survive with the new Humoural balance, or it will perish. Consider Water as a simple example of this theory. Water exposed to Fire goes away. Water exposed to Hot Air goes away. Water exposed to Air eventually goes away. Each of these changes could be explained by pointing to the exposure of down-travelling, inherently-cold Water to an upward-travelling, hot Element. Water exposed to Cold Air turns to ice, a material closely related to Earth. Water exposed to Earth turns to Mud. In these cases there is enough similarity between the introduced Elements and the inherent qualities of Water that the Water is able to adapt and not simply perish.

Plato goes further in the *Timaeus* to postulate about the makeup of the psyche. He divides the human psyche into three parts which have the character of drives: Intellect, which is rational and is found in the head; Appetite, which includes the passions and is comparable to Freud's Id; and Spirit, which is the "charioteer" of the psyche, responsible for controlling both the well-beloved "horse" of Intellect and the unruly "horse" of Appetite (equivalent to Freud's Ego). It is intrinsic to Plato's theory that the mind and body are not separate, but are seen as extensions of the same gestalt. Each of the mental drives is then correlated to the Elements to produce Intellect-Water, Appetite-Fire/Air, and Spirit-Earth. Mental disturbances were defined as imbalances in a person's Humours. Thus a person who was depressed would have been seen as having too much Earth and not enough Fire and Air and treatment to expose this person's body (and by extension, his mind) to environmental factors containing Fire and Air would have been recommended.

Next Month: The Continuation of Humoural Theory

Imperial Heraldic Decrees

Acceptances

Glas de Carraig. Name and device.

Vert, two krakens inverted in pile Or. By Society precedent going back to 1971, the normal posture for a kraken is with the tentacles in chief.

Glas de Carraig. Badge.

A kraken bendwise inverted Or.

Luned ni Luarain of Kilkenny. Name only.

The name was submitted as Lyneth ni Luaran of Kilkenny. While "Lyneth" does appear in Gruffudd (p. 63), it is stated there that it is derived from the French "Lynette" which is itself derived from the period Welsh for "Eluned." No date for this form is given and, failing documentation for the spelling, the presumption is that it is post-period. Therefore, we have substituted the documented period Welsh spelling "Luned." The Irish patronymic requires that the father's name be in the genitive, not the nominative form used in the submitted name.

Morgan the Tanner. Name and device.

Or, on a hide sable a half moon knife argent, hilted Or. The defining instance of the "hide" in Society heraldry is the device of Vuong Manh, for many years Kraken Herald of Atlantia. As Badger has provided documentation for a knife/axehead of essentially this shape used in German heraldry prior to 1483 (in the arms of Frankenstein!!!), the tertiary charge seems acceptable.

Stanislaus Blachuta. Device.

Per fess sable, mulletty argent, and argent, in base a wolf statant guardant sable.

Three Rivers, Barony of. Name for Baron's Order of Gallantry. (Irreverent comment from meeting: "BOG?")

Three Rivers, Barony of. Name for Baroness' Order of Patronage. (Irreverent comment from meeting: "BOP?")

Returns

Three Rivers, Barony of. Name for the Order of Three Rivers.

As we traditionally consider the type designator (group type, order/award, or heraldic grade) as "transparent" when considering conflict, this name is identical to the name for the Barony. Under our rules, at least some minor difference in name (e.g., translation) must exist.

Zarlfa bent Bad'r. Name only.

While Star has noted "Zareef" as a masculine name in a modern source and indicated that the feminine formation is correct, it would be necessary to have solid evidence of the period use of the given name since it is also a title. As noted by the OEL (s.v. "shereefa"), this is the title of the wife of a "shereef" (also transliterated commonly as "zareef"). "Zareef" is clearly used as a title of rank and honour, in some sources referring to a descendent of Mohammed through Fatima (and thus to one priestly rank), but more commonly to Moslem princes. Indeed, this is the usual title in early English sources and many works translated from Arabic for both the period ruler of Morocco and the magistrate who ruled Mecca itself. The apostrophe, even in transliteration, usually indicates that something has been elided from the word or name. In this case "Badr" as such appears in period sources and so the apostrophe is superfluous.

The Coronet of Three Rivers

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Arwyn Antaradl

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Stephen Ironhand

Steve Block
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The Curia Baronis

SENESCHAL

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Zarifa bent Bad'r

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Comyn Hrothwyn af Gilden Acumen

"Shadow"

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Elsbeth Modlen Merch-Daffyd

Elizabeth Zoole
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(314) 993-0268
(no calls after 9:30 p.m.)

CHATELAINE

Aleta of Cool Valley

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