

The Barge / April

On the Origins of Salad

by
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Marquis de Salade
translated by
Ld. Daene MacPherson

Salads, as foodstuff, had their origin in the depths of antiquity. The eating of vegetable matter was no doubt practiced by our most primitive of ancestors. The growing of plants was undoubtedly the first civilized endeavor that man ever undertook. But, alas, these veggies were, for the most part, eaten raw and unadorned until the discovery of fire. Still, those less fortunate who had not discovered the art of cooking, ate their veggies raw for a long, long time.

It is well known that man has cooked his food for as long as history records. This habit has long been accepted as evidence of his advanced state of civilization. Imagine then, at the feast of Jove in 12 A.D., when a newly acquired cook from the outer reaches of the empire, served up to the emperor, Saludus Caesar, bowl of lettuce leaves (romaine, of course) together with a few sprigs of parsley and some onion. In great disgust the emperor took his goblet of wine (which was non too good, I might add) and dumped it, with no great ceremony, into the bowl full of fresh cut veggies. His good friend Sottus, drunk as usual, began to ravenously devour the new made mess. He proclaimed it to be excellent. Caesar, being of a curious sort, had to give it a try. HE proclaimed it excellent (or at least edible) and named it the Saludus Dish (after the inventor, of course).

The Saludus Dish was popular throughout the empire until that fateful day when it all came crashing down. The Saludus Dish became lost in the world, destined to be eaten by peasants and low folk.

It should be noted that the dish did not disappear from the world and was eaten by peasant folk almost exclusively until one day in April of 1165 when Lady Olyve of Oyl was taking a walk. She became a little lost and wandered by the refuse pile where the remains of her father's opulent feast were tossed. She spied there two peasant children gathering certain items, among them were the stale, hard trenchers of bread and mushrooms growing in the pile. She inquired as to why they were doing this and they replied that these items were to be eaten in a dish they called "salade." Lady Olyve paid a visit to the home of these peasants and sampled this dish. Finding it much to her liking, she ascertained how it was made and took the recipe home with her. "Salade" began to appear on the tables at her father's feasts. In a possibly related vein, there was a famine among the peasants that year.

Lady Olyve was so enthusiastic about her new discovery that she experimented wildly with new items to put into it. Her garden, at one time contained violets, roses, daisies, parsley, mint, cress, lettuce, onions, leeks, garlic, celery, and dozens of other herbs specifically for the "Salade". It was about 1170 that her friendship with a certain Sir Friedrich the Pop-Eyed introduced spinach into the list of items going into her "Salade".

Until this time the Salade had been primarily a vegetarian dish but in 1172 one Sir Francis of Baco visited Lady Olyve. He was a great huntsman and introduced the idea of meats into the Salade. It so happened, that among his provisions for traveling he had certain smoked, slated meats of which he took small chunks and judiciously scattered them over his Salade.

Today, there are many different types of salads eaten every day. There are seafood salads, taco Salads, lo-cal salads, even HOUSE salads but we still pay respect to the "inventor" SALUDUS CAESAR...I mean we have all heard of the Caesars Salad...Haven't we?

(Lord Daene has done a great deal of research into salad as this article proves. He does, however, deny that he made this all up.)



Announcements

Master Harold wished it to be known that there will be filk singing on the 1st and 3rd Tuesdays of the month at his home. Please arrive around 7:30.

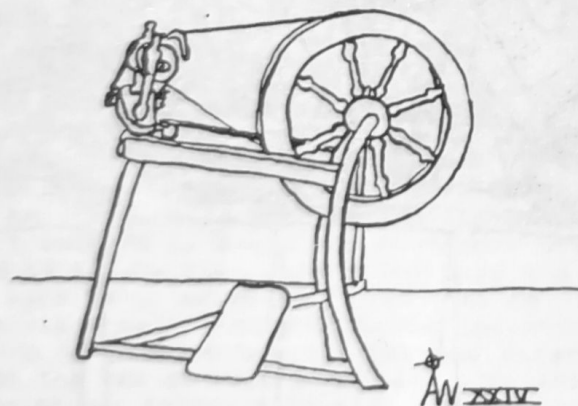
Gwenneth wishes it to be known that on the 2nd and 4th Tuesdays of the month there will be serious singing of period pieces at her house. Please see her for more details.

Lord Idris is taking orders for custom made arrows. If you would like to have your own set of personalized arrows, please contact him.

Lady Ceredwin needs items for the MEWS auction. If you have anything you would like to donate, please let her know, or bring them to Crown Tourney.

Lady Thyri is taking a poll of who knows what art or science in the Barony. If you have not yet filled out the forms for this, please see her.

Silken Threads is open to any one with an interest in the fiber arts, whether that is spinning, weaving, embroidery, needle point or what ever. If you would like to join us for a productive evening, and get some of your projects done, please join us every 1st and 3rd Wednesday evening at Lady Aethelthritha's.



AW XXIV

APRIL

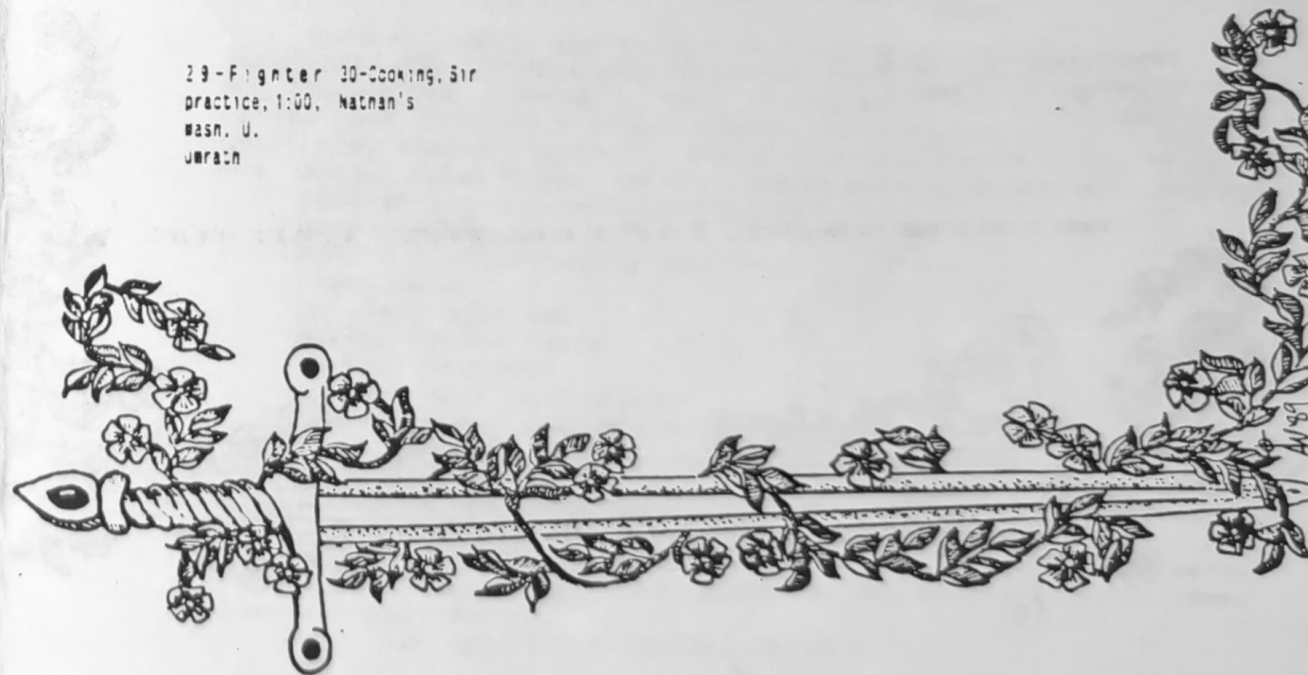
1- Fighter 2-Cooking, Sir 3-Filk Singing 4-Silken Threads 5-Business 6
Practice, 1:00, Nathan's Master Harold's Aethelthritha's Meeting
wash. U.
Umrath

8 - Fighter 9-Cooking, 10-Period Music 11 12-Dance 13 14
Practice, 1:00, Sir Nathan's Group, Gwenneths Meeting
wash. U.
Umrath

15-Fighter 16-Cooking, Sir 17-Filk Singing, 18-Silken 19-Business 20 21-wedding
Practice, 1:00, Nathan's Master Harold's Threads Meeting Event,
wash. U. Aethelthritha's BARGE Dead the Aftern Drag
Umrath

22-Fighter 23-Cooking, Sir 24-Period Music 25 26-Activities 27 28
practice, 1:00, Nathan's Group, Gwenneths Meeting
wash. U. - Officers
Umrath Meeting

29-Fighter 30-Cooking, Sir
practice, 1:00, Nathan's
wash. U.
Umrath



MAY

1-Filk Singing 2-Silken Threads 3-Business 4
Master Harold's Aetheithritna's Meeting

6-Fighter 7-Cooking, Sir 8-Period Music 9
Practice, 1:00, Nathan's Group, Gweneths
Wash. U.
Umrah

10-Dance Meeting 11 12

13-Fighter 14-Cooking, Sir 15-Filk Singing 16-Silken 17-Business 18
Practice, 1:00, Nathan's Metr. Harold and Threads Meeting
Wash. U. Lady Aleta's Aetheithritna's
Umrah

19-CROWN TOURNEY
V'tavia

20 21-Cooking, Sir 22-Period Music 23 24-Special 25 26
Nathan's Group, Gweneths Activities
-Officers Meeting

27-Fighter 28 - Cooking, 29 30 31
practice, 1:00, Sir Nathan's
Wash. U.

All events on this Calendar are now official. If no officer attends an event, it is then a private party.



Upcoming Events

April 21, 1990 Wedding event in Afton Drag Nebraska

This is the wedding event of Their Excellencies Rurik and Morgana. It is a celtic wedding event and should be highly entertaining.

May 19, 1990 CROWN TOURNEY, V'tavia Wichita, KS

The kingdom will find out who our next King will be at this event. There will be lots of fighting, naturally. Crown tourney is always fun.

May 30-June 3, 1990 WAR OF THE LILIES Odessa, MO

This year it's the Pelicans v. the Laurels. There will be lots of fighting and a Heraldic War Point. Be sure to attend!

(Sorry it's so short, but I couldn't find my MEWS. Please consult the MEWS for further details of what is happening in the Kingdom)



The Norse-Aztec Feast by Viscount Meister Brumbar

Several years ago during a discussion between Master Juan (Spanish/Aztec) and Meister Brumbar (Danish/Saxon) a theory (No, not Thyri) was debated. "What if the early Norse explorers had sailed past Vineland and continued along the coast of North America until they reached Mexico?" One of the many possible result being the "Norse-Aztec Feast" which creates such epicurean delights as:

- Codfish Tacos with turnip salsa
- Refried Cabbage
- Puffin with Chihuahua Stuffing
- Agave Mead
- Reindeer Burritos
- Boiled Parrot Tarts
- Quetzal Pretzels
- Pickled Herring Tostadas
- Jumping Beans with Boiled Peccary

There are many more delicious possibilities which is why Masters Juan and Brumbar have never been called upon to be feast-o-crats.

(Just think of early Spanish explorers arriving and being greeted by a feather bedecked, blond-haired, blue-eyed Aztec named Atachavix Bjornsson.)

P.S. Ask Juan about Quetzal Calvary.

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