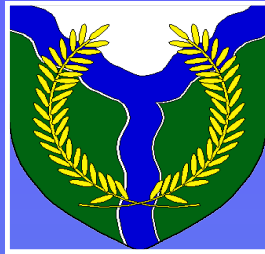
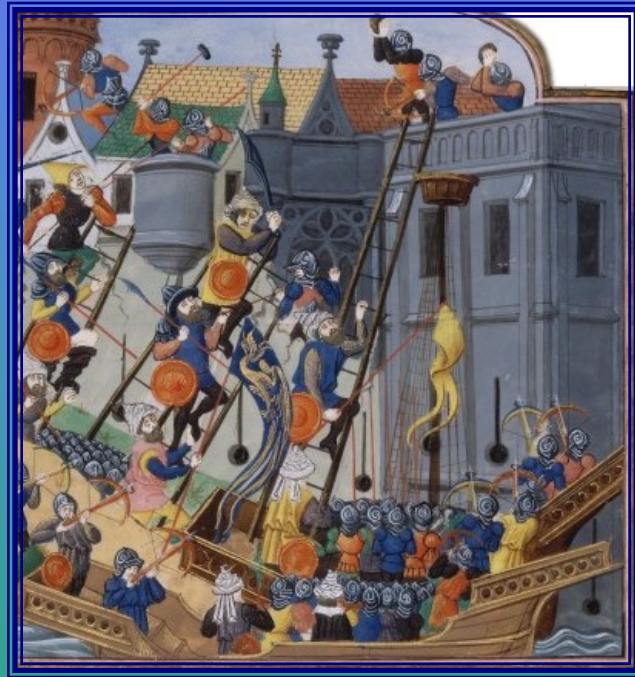


# THE BARONIAL BARGE



Barony of Three Rivers: July, 2016



**“The Barony” Edition**

*Edited and published by  
Fiondel Songspinner*



# uria



# aronis

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### UPCOMING, IN OUR BARONY!

#### OFFICER'S MEETING

The only scheduled meeting for the month of July is on Monday the 16th, at Joseph and Slaine's home.

#### SITE DINNER:

Thursday, July 7th. Donations still being accepted at this time. Immediately following the business meeting.

#### ARCHERY PRACTICE:

Archery practice is held on Tuesday evenings at Master Dammo's house. For further information, contact Master Dammo at dave17berg@yahoo.com

#### UPCOMING CLASSES:

July 7: No classes due to site dinner  
July 14: Scissor maintenance with Isen  
July 21: Basic counted blackwork embroidery, by me  
July 28: TBD

#### BARONY MEETING/FIGHTER PRACTICE

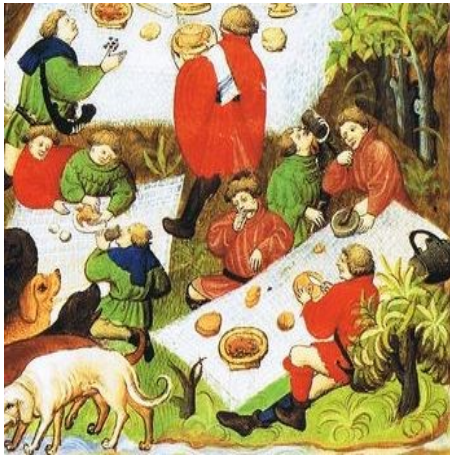
Fighter practice typically begins around 6:30 (during warm weather, fighter practice is held outside). The business meeting begins at some time between 7:00 and 7:15, and fighter practice continues after the meeting. Classes are typically held after the meeting. Olivette Community Center, 9723 Grandview Drive; 63132.

#### BARONIAL BIRTHDAY BASH

Saturday, July 23rd, Dogwood Shelter, Greensfelder Park. 4515 Hencken Rd, Pacific, MO 63069. See flyer, page 5.

#### BARONIAL ARCHERY CHAMPIONSHIP

Saturday, July 2nd, 10am to noon, at the home of Dammo Utwiler. Further information, page 4.



## *What is Birthday Bash, and why is it called Birthday Bash?*



Every year, in July, we celebrate our "Baronial Birthday Bash".

Typically, Birthday Bash is the "just for us" event. Most years, it's an unofficial event, and is not listed on the Kingdom calendar. We (obviously!) don't discourage people from other areas of the Kingdom from coming and "hanging out" with us, but since it's not "published," it's usually just the locals. This year is a bit different. As the Crown will not be able to attend Gryphon's Fest in September, this will be the only event in Three Rivers during

Their Reign. So, this year, Birthday Bash is an official event, with the Crown in attendance.

But...why July? "Because that's when Stephen Ironhand, Founding Baron of Three Rivers, celebrates HIS birthday!" (The simple answers are always the best ones!)

The flyer for this event can be found on page 5.

[As posted on Facebook]

### ***Baronial Archery Championship***

Hello Archery Folks! Due to a multitude of scheduling conflicts, the baronial archery championship will be held from 10am to noon on Saturday, July 2nd at the home of Dammo Utwiler. All are welcome to join us (even if you don't think of yourself as an "archer") for some fun shoots celebrating both our barony's founding as well as honoring the SCA's 50th birthday. Range will be open for practice at 9:30am. There will be a variety of shoots: static, timed, 3D, and BALLOONS. The more people who join us, the more fun it will be! Rain date is scheduled for the following Tuesday evening, July 5th from 6:30-8:30pm. Hope to see you there!



Lady Emeline de Erin Mulanax  
Retiring Baronial Archery Champion

Officer Meeting notes\_\_6.6.16

Discussion of which days we do not have the gym for meeting, and the meetings that will be held during the summer wars.

Birthday Bash: It's coming along just fine. Duncan is terribly stressed. Flyer will be in the July Mews. We will be putting out a "tip jar." Discussion of whether or not there will be steel fighting. Event will run from 9am to 9pm. Reminder to send in award recs before the event.

July officers meeting on July 18<sup>th</sup>, only. There will be no meeting on July 4<sup>th</sup>.

Isen has the Lilies party "in hand." Food will be purchased during the middle of the week at war.  
Discussion of both alcoholic and non-alcoholic drinks at the war.

Discussion of the plans for Gryphons Fest. Further information put on hold as a result of some necessary pending discussions.

## **Three Rivers Baronial Birthday Bash**

*(As posted by the Event Steward, on Facebook)*

Saturday, July 23rd, 2016

9:00AM to 9:00PM

Dogwood Shelter, Greensfelder Park.

4515 Hencken Rd, Pacific, MO 63069

Come join us for a RELAXED day of fighting, fun, games and silliness in The Barony of Three Rivers.

During the day: Relax... But if you like...

**Armored Combat:** Inspections will begin at 9:30.

The Baronial Armored Combat Championship will start at 10:00am. Don't want to be the Champion? Relax...The Tourney is designed to allow anyone to participate whether or not they wish to compete for the Championship itself.

Want more Armored Combat? Relax...The field will be open to pick-ups after the Championship is completed.

**Calon Steel:** Inspections will begin at 9:30.

The Baronial Calon Steel Championship will start at 10:00am. Don't want to be the Champion? Relax...The tourney is designed to allow anyone to participate whether or not they wish to compete for the Championship itself.

A second Calon Steel tourney will begin at 1:30pm. What kind of tourney is it? Relax... It's a surprise format! Come prepared for fun!

Want more Calon Steel? Relax...The field will be open to pick-ups after the Championship is completed.

**Games:** We'll have various games going on during the day Bocce, Kubb, Hunkerhousen, etc. Don't know how to play those games? Relax... We will teach you, or feel free to bring your own fun!

**Arts and Sciences:** Got an unfinished project that is stressing you out? Relax... Area 51 (Arts and Sciences workshop) will be open to any who want to work on UFOs (Un-Finished Objects) whether personal, Kingdom, Baronial or to just relax and chat about projects in general.

**Lunch Time:** Relax...The Barony has also graciously decided to provide lunchmeat sandwiches for lunch. There will be lunchmeat, cheese, veggies, condiments, and bread. Please bring your own extras for lunch.

**Royal and Baronial Court**

Relax...Court will be held at Their Majesties discretion before dinner.

**Dinner Time:**

Relax...The Barony will be providing meat, hot dogs and hamburgers and buns for everyone, but we ask that you bring a dish to share in our picnic dinner.

If your modern last name begins with the letters A through E, please bring a side dish.

If your modern last name begins with the letters F through J, please bring a drink.

If your modern last name begins with the letters K through O, please bring a dessert.

If your modern last name begins with the letters P through T, please bring a salad.

If your modern last name begins with the letters U through Z, please bring a snack item.

If you don't want to bring the item assigned to your last name, relax, it's just a suggestion!

**The Evening:**

Relax...More games, and singing until 9:00pm, then post Revel to follow.

Relax...Site is wet, No glass bottles please.

**Directions to site:**

Dogwood Shelter, Greensfelder Park. 4515 Hencken Rd, Pacific, MO 63069

Take your best route to I-44, exit 261 for Six Flags Rd

Use the right 2 lanes to turn right onto Allenton Rd, Stay left at the split in the road, Drive 1.9 miles

Follow signs to Dogwood Shelter.

**Event Stewards**

Finan mac Domnaill (Mark Fitz)

Markmail\_99@yahoo.com

Sir Duncan Fearmac MacLeod (Gary Phillips)

Baronfearmac@yahoo.com

**We Learn From Each Other**  
**A Soupçon of Recipes, From the Chieftains Feast, AS 51**  
**Courtesy of Lady Emeline de Moulineaux**

[Ed. Note: Emeline did an *exemplary* for Chieftains, and I thought that recipes from our most recent feast would be appropriate, for this “Baronial” edition of the Barge. —*Fiondel*]

**A dish of brussels sprouts from *Le Ménagier de Paris* circa 1393 France**

Brussels sprouts were rarely known outside of Belgium or northern France until the 17th century. The original recipe here is for newly sprouted cabbage hearts, which are difficult to find in today's modern markets. Brussels sprouts are a close substitute, and flavored with olive oil taste surprisingly different than most of us are used to. – A Boke of Gode Cookery website

*“And when the heart of the cabbage, which is in the midst, is plucked off, you pull up the stump of the cabbage and replant it in fresh earth, and there will come forth from it big spreading leaves; and the cabbage takes a great deal of room and these cabbage hearts be called Roman cabbages and they be eaten in winter; and when the stumps be replanted, there grow out of them little cabbages which be called sprouts and which be eaten with raw herbs in vinegar; and if you have plenty, they are good with the outer leaves removed and then washed in warm water and cooked whole in a little water; and then when they are cooked add salt and oil and serve them very thick, without water, and put olive oil over them in Lent.”*

**MODERN ADAPTATION:**

- 1 lb. brussels sprouts
- water
- 4 Tbs. olive oil OR 2 Tbs. butter
- pinch salt

Trim and wash the brussels sprouts. Place all of the ingredients in a crockpot and cook on high for 3 hours.

**Gyngerebrede from *Two 15th c. Cookery-Books* by Thomas Austin which was compiled from several period English manuscripts circa 1425-1450**

*“Take a quart of hony, & sethe it, & skeme it clene; take Safroun, poudre Pepir, & throw ther-on; take grayted Bred, & make it so chargeant that it wol be y-lechyd; then take poudre Canelle, & straw ther-on y-now; then make yt square, lyke as thou wolt leche yt; take when thou lechyst hyt, an caste Box leves a-bouyn, y-stykyd ther-on, on clowys. And if thou wolt haue it Red, colore it with Saunderys y-now.”*

**MODERN ADAPTATION:**

- 1 lb. Honey
- Unseasoned Bread Crumbs - up to a pound, maybe more, maybe less. Can be white, wheat, or a combination. Be sure that they are finely ground and not soft in any way.
- ginger - up to 1 Tbs.
- cinnamon - up to 1 Tbs.

Bring the honey to a boil and skim off any scum. Keeping the pan over very low heat, add the spices, adjusting the quantities to suit your taste. Then begin to slowly beat in the bread crumbs. Add just enough bread to achieve a thick, stiff, well-blended mass. Remove from the heat and turn the mixture onto a lightly greased pan. Let cool. Roll into one inch balls.

**Doucettes from the Harleian MS 279 manuscript circa 15<sup>th</sup> century England**

*“Take Porke, & hakke it smal, & Eyroun y-melleyd to-gederys, & a lytel Milke, & melle hem to-gederys with Hony & Pepir, & bake hem in a cofyn, & serue forth.”*

**MODERN ADAPTATION:**

- 1 pie crust
- 1 cup crumbled bacon
- ½ cup onion, sliced or diced
- 3 eggs
- 1 cup milk
- 2 Tbsp honey
- 1 Tbsp garlic powder
- 1 Tbsp black pepper

Preheat oven to 375. Sauté onions until golden. Sprinkle onions and bacon into pie crust. Mix remaining ingredients together. Pour into crust. Bake 30-45 minutes or until just set & golden brown on top. Serve.

## ***We Learn From Each Other, con't***

[Ed. Note: Regarding this final recipe, I may or may not have cajoled, whined, begged and bribed my way into taking an *entire pie* made from this recipe home with me—*Fiondel*]

### **To make a tarte of strawberries from *A Propre new booke of Cokery* circa 1545 England**

*"Take and strayne theim with the yolkes of foure egges & a little white brede grated / then ceason it vp with suger & swete butter and so bake it."*

1 pie crust

1 cup dried cherries \*I made this with frozen cherries because of availability. If so, thaw & drain the

3 eggs cherries ahead of time or the pies won't set easily.

1 brick cream cheese

1 stick butter

½ cup sugar (or more to taste if you like it sweeter)

honey

Preheat oven to 375. Sprinkle cherries into pie crust. Blend remaining ingredients together. Pour over cherries into crust. Bake 45 minutes or until just barely golden & set. When cool, drizzle with honey & serve.

## **A Touch of Baronial History**

### **Fighter's Alphabet**

**Words:** Master Erich Hlodowechssun fon Hocheichhallu

**Tune:** Sailor's Alphabet

A's for the Armor I brought out on loan

B's for the Bruises that blazon my bones

C's for Crown tourney, where the chivalry's found

And D's for the Duke I must fight the first round

*Chorus:*

*Merrily, merrily, so merry fight we*

*No mortal on earth like a fighter can be*

*Bash away, lay on, and never strike wrong.*

*Give a fighter his mead, and he'll fight all day long.*

E's for the Earl Marshall making the rules,

F's for the Foemen, we think they're all fools

G's for the Glory to augment our names.

And H for the Herald that butchers our names.

*Chorus*

I's for the injuries got on the field

J's for the Junkyards we plow for our steel.

K's for the King, to whom honor is owed

And L's for the Lady, whose answer is NO!

*Chorus*

M's for the Marshall who's calling out HOLD!

N's for that Novice who beat me so bold.

O's for the Order the King loves to give.

And P's for the Polearm that's pounding my shield.

*Chorus*

Q's for the Quagmire when stormclouds do pour.

R's for the Ratt-an which we need for our swords.

S for the Shield Wall that marches all wrong

And T's for the Tourney that's running too long.

*Chorus*

U's for the Urchins that run on the field

V is for Vikings with centergrip shields

W's the War, where we all almost drowned

And X marks the spot where the site can't be found.

*(Chorus)*

Y's for the Yuletide, we drink 'til we're spent

Z is for Zero at northern events

It's also the end of my song, at this time,

For now I have set all the letters in rhyme.



## A Touch of Baronial History, Continued

### Changelings - February 1978

In February of 1978, Three Rivers held its third annual "Festival of Changelings" at which people change to a different persona. TRM Merowald and Kirsten attended and, during the day, became one another. Later, a few Three Rivers folks, while cleaning up, found traces of "The Queen's Moustache", mirabile dictu! This holy relic was saved and eventually housed in a reliquary and became the subject of the, for a while, traditional Calontir toast, "To the Queen's Moustache!".



*The Illustrious Head Table: (from left to right): HE Arwyn Antarae, MacMcGowen, HIS Majesty Merowald, HER Majesty Kirsten, Ly. Dragon's Flower, Master Juan Macias de Alarcon. And, standing behind the table, looking a bit lost, HE Stephen Ironhand.*



*The (in)famous Brom Blackhand, looking decidedly less intimidating than usual.*

#### **Brom's Reign (Sung to the tune of Lincoln Park Pirates)**

Well the feast's done and evening is falling,  
And the air it is charg-ed with fear.  
The BoD it is sleeping; the Witan is weeping:  
"Oh God, please save poor Calontir!"  
And the populous is in a ruckus,  
And many of them have fled,  
And they're all crying, "He's gonna fuck us,"  
"Once they put that damn crown on his head."

*Do me wey hey, O you'll rue the day,  
A barbaric bastard like me  
Did show up to fight, here where might still makes  
right;  
O just stick around and you'll see.  
Do me wey hey, I'll go all the way  
In plundering poor Calontir.  
you pissed me off royal, and made my blood boil;  
Now you'll see just what I hold dear.*

First I'll get to your treasury's money,  
All that money you've worked for so hard:  
And I'll piss it away on our new defense budget,  
In other words, swords for my guard.  
Well, I think that rattan is for pussies;  
From now on we'll only use steel.  
And to keep every fight, from lasting an hour  
I'm also outlawing the shield.

*(Chorus)*

And the feasting will be done at Arby's  
'till the manager's countenance sours.  
Then I'll hold drunken court in the basement of Steel-  
holm,  
And make sure it goes on for hours.  
(and hours, and hours, and hours)  
To the fighters give rubber band crossbows,  
To the poets, give Crackerjack rings,  
But I'll give Uncle Stephen a Pelican  
'Cause I like the way the man sings.

*(Chorus)*

And when my reign's finally over,  
And the time's come for me to step down,  
Your next sucker won't look so regal,  
Since I went and pawned off your crowns.  
Now, I've stepped down six thousand bucks richer  
Though it's cost me a couple of friends;  
But they say if I'm good, for another six months  
I can come back and do it again

#### **Final Chorus:**

*Do me wey hey, O you'll rue the day,  
A barbaric bastard like me  
Did show up to fight, here where might still makes  
right;  
O just stick around and you'll see.  
Do me wey hey, I'll go all the way  
In bugging poor Calontir.  
you pissed me off royal, and made my blood boil;  
By God you just wait till next year.*

[Ed. Note: Having heard  
"Brom's Reign" at a fire or two  
recently, and also having heard  
a great many (erroneous) origin  
stories, I thought I would add  
this bit of our history. This man  
is Brom. This is the song he  
wrote, about his potential reign.  
—Fiondel]



**“WHAT’S NEW, IN WHAT’S OLD?”**

**OR**

**WHERE DO I GO TO LEARN MORE ABOUT MY  
FAVORITE TIME PERIOD?**



**When:** Sat., July 2, 6-9 p.m.

**Email:** [juniorboard@iistl.org](mailto:juniorboard@iistl.org)

**Price:** Free!

[https://www.facebook.com/  
events/1769008256709063](https://www.facebook.com/events/1769008256709063)

**Where:** Ritz Park, 3147 S. Grand

*(From the website): Come to enjoy a live drum circle, grab some cold drinks and snacks, make some friends and learn more about the mission of the International Institute here in our city! This evening is open to all as we celebrate the positive impacts of immigration within the St. Louis community.*

***Irish Folk Music***

Okay. I know this is a “stretch.” Irish folk music isn’t *really* medieval. But, a lot of the songs we find ourselves singing at circles are from that genre. And, to be honest, there are a fairly large number of us who are devotees of this kind of music. So...in the interest of catering to our musical whims, let me tell you about Pat Connelly’s Tavern, their “Irish Music Brunch.” On Sundays, from 10am to noon, the pub offers breakfast food, fine potables, and Irish traditional music by “Mischief.” If brunch is not your thing, on July 13th, the bar is featuring the Irish Xiles, who play a mix of new and traditional Irish Music.

Pat Connelly’s Tavern  
6400 Oakland, St. Louis MO (Dogtown)  
314-647-7287

# digital humanities

at saint louis university

During the heat of the St. Louis summer, what could be more welcome than a chance to further your knowledge of “all things medieval” in either the comfort of your own home, or in the quiet cool of a library? The St. Louis University Digital Humanities project, and the Center for Medieval and Renaissance Studies at SLU, have a wide-ranging and eclectic assortment of manuscripts course studies, and digital resources to peruse and enjoy! Some of the current projects include:

**The Broken Books Project:** (from the website) “A web-based application that allows for the digital reconstruction of dismembered books that, at some time in their history, were taken apart, “broken” into pieces, and dispersed. ” The first of these broken books to have been digitized is the Llangattock Breviary, a 15th century manuscript, of which St. Louis University has 7 leaves, which can be seen here: [http://ds.lib.berkeley.edu/VFLMS002\\_44](http://ds.lib.berkeley.edu/VFLMS002_44).

**Digisig:** This resource is dedicated to the study of sigillography (medieval seals, particularly those of the British Isles)

St. Louis University also houses one of the most extensive collections of Medieval and Renaissance manuscripts from the Biblioteca Apostolica Vaticana.

The library at St. Louis University, and both the digital and hard-copy materials are available for viewing and use, even by non-students.

**Cover Art:** Siege of Constantinople as depicted between 1453 and 1475. Attributed to Philippe de Mazerolles - Bibliothèque Nationale de France Manuscript Français 2691 folio CCXLVI



**Caption this!**

Last Month's "Caption This" winner:



This month's "Caption This" winner is our own A&S Minister, Joan Myssenden

"WHY did I agree to be the designated cart driver again?"

This is the Baronial Barge for the month of September, a publication of the Barony of Three Rivers of the Society for Creative Anachronism, Inc. (SCA, Inc.). *The Barge* is available from Fiondel Songspinner at [chronicler@threeriver.org](mailto:chronicler@threeriver.org) or [michelle.m.heitman@gmail.com](mailto:michelle.m.heitman@gmail.com), or Michelle M. Heitman, 11417 Manchester Rd; St. Louis, MO 63122. *The Barge* is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies.

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#### **Administrivia**

This publication was made entirely in Microsoft Publisher™, using an assortment of fonts and styles, according to the whim of the editor at the time of creation.

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**Birthday Bash**, Le Livre de chasse de Gaston Phébus" ("The Hunting Book of Gaston Phebus"), 15th century. Bibliothèque National, Paris. Wikimedia Commons, Public Domain.

**Baronial Archery Championship**, Liber ad honorem Augusti by Pietro da Eboli, c.1197 Detail of folio 131. Public Domain

**We Learn From Each Other**. Recipes from Chieftains. Submitted by Erin Mulanax <Ly, Emeline de Moulineaux>. Used by permission.

**Fighter's Alphabet**. Filk song by Erich Schraer <Sir Erich Hlodowechssun fon Hocheichhallu>. Used by permission.

**"The Queens Moustache"**: Photo and description by Larry Bell. Used by permission.

**"Brom"**: Photo by Michelle Heitman <Fiondel Songspinner>. Used by permission

**"Brom's Reign"**: Filk song by Jim Flemming <Brom Blackhand>. Used by permission

**Birthday Bash, Picnic Scene**: 15<sup>th</sup> century Illumination. Gaston Phoebus: Le Livre de la Chasse, Bibliothèque Nationale (Paris, France), Ms. fr. 616, fols. 66v-67r. Public Domain.

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